



*Lord,*  
Make me a  
Channel of  
Your Peace.



Where there is **Hatred**, may I bring **Love**.  
Where there is **Injury**, may I bring **Forgiveness**.  
Where there is **Error**, may I bring **Truth**.  
Where there is **Doubt**, may I bring **Faith**.  
Where there is **Despair**, may I bring **Hope**.  
Where there is **Darkness**, may I bring **Light**.  
Where there is **Sadness**, may I bring **Joy**.

O Divine Master,  
Please Grant that I may not so much seek  
to be Consoled as to Console;  
to be Understood as to Understand;  
to be Loved as to Love.

For it is in Giving that we Receive.  
It is in Forgiving that we are Forgiven,  
and it is in Dying that we are Born  
to Eternal Life. Amen.

St Francis of Assisi