

The Angelus

(Pray this Prayer at Dawn, Noon, and Sunset)

The Angel of the Lord Declared to Mary:
And she Conceived of the Holy Spirit.

Hail Mary . . .

Behold the Handmaid of the Lord:

Be it Done unto me According to Your Word.

Hail Mary . . .

And the Word was Made Flesh and Dwelt among Us.

Hail Mary . . .

Pray for Us, O Holy Mother of God, that we May be
Made Worthy of the Promises of Christ.

Let us Pray:

Pour Forth, we Beg You, O Lord, Your Grace into Our
Hearts that we, to Whom the Incarnation of Christ,
Your Son, was Made Known by the Message of an
Angel, May by His Passion and Cross be Brought to the
Glory of His Resurrection, Through the Same Christ
Our Lord. **Amen.**

Memorare

Remember **O Most Gracious Virgin Mary**, that Never
was it Known that any one who Fled to Your Protection,
Implored Your Help, or Sought Your Intercession, was
left Unaided. Inspired with this Confidence, I Fly to
You, O Virgin of Virgins, My Mother; To You do I
Come, before You I Stand, Sinful and Sorrowful. **O**
Mother of the Word Incarnate, Despise not my
Petitions, but in Your Mercy, Hear me and Answer me.
Amen.

Salve Regina

Hail, **Holy Queen, Mother of Mercy**, our Life, our
Sweetness, and our Hope! To you do we Cry, Poor
Banished Children of Eve; to you do we send up our
Sighs, Mourning and Weeping in this Valley of
Tears. Turn then, Most Gracious Advocate, your Eyes
of Mercy toward us; and after this our Exile, show to
us the Blessed Fruit of your Womb, **JESUS**. O
Clement, O Loving, O sweet Virgin Mary.

Pray for Us, O Holy Mother of God.

That we may be made Worthy of the Promises of Christ.

Act of Contrition I

My God, I am Sorry for my Sins with all my Heart. In
Choosing to do Wrong and Failing to do Good, I have
Sinned against You whom I should Love above all
Things. I Firmly intend with Your Help, to do Penance,
to Sin no more, and to avoid whatever Leads me to Sin.
Our Savior Jesus Christ Suffered and Died for us. In
His Name, my God, Please Have Mercy. **Amen.**

Act of Contrition II

O My God, I am Heartily Sorry for having Offended
You and I Hate all my Sins, because I Dread the Loss
of Heaven and the Pains of Hell. But most of all
because they Offend You, My God, who are All Good
and Deserving of all my Love. I Firmly Resolve with
the Help of Your Grace, To Do Penance, to Change my
Life, and to Avoid the Near Occasions of Sin. **Amen.**

Prayer to St. Michael

Holy Michael the Archangel, Defend us in Battle. Be our Protection against the Wickedness and Snares of the Devil. May God Rebuke him, we Humbly Pray; and Please Do, O Prince of the Heavenly Hosts, by the Power of God, Thrust into Hell Satan and all the other Evil Spirits who Prowl Around the World seeking the Ruin of Souls. Amen.

Magnificat *Canticle of Mary (Luke 1: 46-55)*

My Soul Proclaims the Greatness of the Lord, my Spirit Rejoices in God my Savior for He has looked with Favor on his Lowly Servant.

From this Day All Generations will call me Blessed: the Almighty has done Great Things for me, and Holy is His Name.

He has Mercy on Those who Fear Him in Every Generation. He has shown the Strength of His Arm, He has Scattered the Proud in their Conceit.

He has Cast Down the Mighty from their Thrones, and has Lifted up the Lowly. He has Filled the Hungry with Good Things, and the Rich He has Sent Away Empty.

He has Come to the Help of his Servant Israel, for He has Remembered His Promise of Mercy, the Promise He made to our Fathers, to Abraham, and His Children Forever.

Glory to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and will be Forever. Amen.

Daily Consecration to Mary

My Queen and My Mother, I Love You so much, that I give myself Entirely to You. And to Prove my Love, I Consecrate to You my Entire Being without Reserve as Your Holy Slave. And as Your Slave, I deliver Up and Dedicate to You my Body, my Soul, all my Spiritual and Temporal Possessions, including even the Rewards of any Good Action of Mine, Past, Present or Future, with the Right to Make Use of Me and what is Mine, without Exception, as You Think Best for the Greater Glory of God in Time and Eternity. Since I am Yours, my Good Mother, Preserve Me and Defend Me as Your Property and Possession Forever. Amen.

Queen of Heaven / Regina Coeli

All Queen of Heaven Rejoice, Alleluia:
For He whom you Merited to Bear, Alleluia,
Has Risen as He said, Alleluia.
Pray for us to God, Alleluia.

V. Rejoice and be Glad, O Virgin Mary, Alleluia.

R. Because the Lord is Truly Risen, Alleluia.

V. Let us Pray:

O God, Who by the Resurrection of Your Son, our Lord Jesus Christ, Granted Joy to the Whole World: Please Grant we beg You, that Through the Intercession of the Virgin Mary, His Mother, we may Lay Hold of the Joys of Eternal Life.

We ask this Through the Same Christ Our Lord.

R. Amen.